

Num	First	Family	Club/Team	Cat	Gen	S/P	Swim	R/P	Run	Finish	Pos	A/W
118	BETHAN	PHILLIPS	POPPIT SLSC	R16	X	15	0:20:54	2	0:20:46	0:41:40	1	R
120	BETHAN	WILLIAMS	ABERTEIFI	RO	X	14	0:20:46	4	0:22:11	0:42:57	2	R
123	ROBERT	WALTER		RO	X	13	0:20:27	5	0:22:44	0:43:11	3	R
122	EDWARD	EVANS	POPPIT SLSC	RO	X	4	0:18:24	13	0:26:31	0:44:55	4	R
125	ELLIE	BODENHAM	POPPIT SLSC	R16	X	26	0:23:08	6	0:22:52	0:46:00	5	R
124	PRHYS	HARRIS		RO	X	48	0:28:07	1	0:18:31	0:46:38	6	R
116	LOWRI	DAVIES	POPPIT SLSC	R16	X	29	0:23:59	7	0:23:02	0:47:01	7	R
126	JOHNY	JAMES	POPPIT SLSC	RO	X	24	0:22:46	9	0:25:19	0:48:05	8	R
119	MENNA	PHILLIPS	POPPIT SLSC	R16	F	28	0:23:46	11	0:26:07	0:49:53	9	R
114	ALISTER	MCINTOSH		RO	X	47	0:28:02	3	0:21:56	0:49:58	10	R
115	HAZEL	DAVIES	EMLYN FLYERS	RO	X	44	0:26:39	8	0:23:43	0:50:22	11	R
121	BRIAN	RUSSELL	PEMBS TRI	RO	X	45	0:27:31	12	0:26:09	0:53:40	12	R
127	ROGER	CAYGILL		RO	X	52	0:30:01	10	0:26:06	0:56:07	13	R
117	MORAGN	DAVIES	POPPIT SLSC	R16	M				0:00:00			R